# NNS Health and Safety Plan Revised January 2023

Our guidelines are based on recommendations from:

- -The New York State Education Department
- -The New York State Department of Health
- -The Center for Disease Control

The Northport-East Northport School district has a plan that has been reviewed and considered.

It should be noted that all guidelines may change at any time. We reserve the right to do so.

# **Parent Participation/Visitors**

Parent participation in the classrooms/building will begin in September for the 3s and 4s classes. This will be reviewed and reconsidered throughout the school year.

## **Classroom Size/Occupancy Standards**

Class sizes have been adjusted accordingly: 2s: Up to 12 children in each class 3s: Up to 14 children in each class 4s: Up to 20 children in each class Summer Camp: Up to 20 children

Our outdoor spaces (playground, outdoor classroom and hiking trails) will be utilized over indoor space whenever possible. Each class will have a designated time where they will spend the session in our outdoor classroom weather permitting (info will follow). Indoor classrooms will be properly ventilated by having windows open to allow for fresh air. When necessary, heating/cooling units will be utilized.\* Units will be maintained and filters cleaned regularly. PLEASE make sure your child comes to school dressed in appropriate all-weather outdoor gear. For example, appropriate jackets/coats (rain/snow), sneakers, boots (rain/snow), hats, mittens, etc. We will go outside in all kinds of weather when the temperature is close to 32 degrees. Quite often, it is below freezing at arrival, but it warms up by the time we are scheduled to be outside. Please send all weather gear each and every day. No umbrellas.

\*10/27/20 REME-HALO Air Purification System was installed.

## Drop-off/Pick-up

AM 2s 8:45-10:45 3s 9:00-11:30 4s 9:15-11:45

PM 3s 12:30-3:00 east doors (near Little Free Library) 4s 12:30-3:00 west doors (closer to parking lot)

Parents/caretakers will not enter the building for drop-off or pick-up. It is imperative that everyone is punctual for this to run smoothly. **Please note that AM and PM procedures are different.** 

# AM Drop-off/Pick-up

If you are a PM family, please skip to the 3s or 4s PM Drop-off/Pick-up below.

Drop-off will occur in the circle. The morning classes arrive at different times. Please be aware of this if you are early or late. The first car should pull into the circle near the orange cones. Cars should line up in the circle along the curb. Four cars will fit in the circle at one time. Please park your car, **turn off the engine** and assist your child in getting out of the car. Walk your child directly to the curb, so that a staff member can see them from the front door. Please do not walk through the circle or allow your child to do so. Your child should stay with you until a staff member comes to the door. Once you see the staff member, you can send your child to the door. Please do not depart until your child has entered the building. When the four cars exit the circle, we will repeat this process until all children are in the building. Families who walk to school can drop-off at the end of the walkway by the parking lot. Parents who are participating should park in the lot and come to the door with their child at his/her designated arrival time.

At this time, children should NOT bring a backpack/bag to school. If a bag is needed during the year, we will let you know.

Pick-up will occur in the traffic circle in front of the school four cars at a time. At the beginning of the year, as we get to know you, we are asking you to place a sign that is visible from your dashboard stating your child's first and last name. Turn off your engine. You will need to exit the car and stand at the curb to receive your child. Assist your child getting into your vehicle.

Arrival and dismissal may take a few minutes. Please be prompt and patient.

# PM Drop-off/Pick-up 12:30-3:00pm

There are only two classes in attendance in the afternoon. 3s pm drop-off will occur in the circle and 3s will enter through the east doors. 4s pm drop-off will occur near the green door closer to the parking lot, 4s will use the walk-way along the lot near the west doors and enter through the west doors.

# 3s PM procedure

The first car should pull into the circle near the orange cones. Cars should line up in the circle along the curb. Four cars will fit in the circle at one time. Please park your car, **turn off the engine** and assist your child in getting out of the car. Walk your child directly to the curb, so that a staff member can see them from the front door. Please do not walk through the circle or allow your child to do so. **Your child should stay with you until a staff member comes to the door**. Once you see the staff member, you can send your child to the door. Please do not depart until your child has entered the building. When the four cars exit the circle, we will repeat this process until all children are in the building.

# At this time, children should NOT bring a backpack/bag to school. If a bag is needed during the year, we will let you know.

3s pm pick-up will occur in the traffic circle in front of the school four cars at a time. At the beginning of the year, as we get to know you, we are asking you to place a sign that is visible from your dashboard stating your child's first and last name. Turn off your engine. You will need to exit the car and stand at the curb to receive your child. Assist your child getting into your vehicle.

# 4s PM procedure

All 4s families should park in the parking lot. Please park your car, turn off the engine and assist your child in getting out of the car. Walk your child directly to the walkway, so that a staff member can see them from the front door. Your child should stay with you until a staff member comes to the door. Once you see the staff member, you can send your child to the door. Please do not depart until your child has entered the building.

# At this time, children should NOT bring a backpack/bag to school. If a bag is needed during the year, we will let you know.

At dismissal, 4s families will park in the lot. Depending on the weather, your child will be released to you from the playground or the classroom. You will need to line-up on the walkway near the 4s drop-off door or near the green door closer to the playground.

At this time staff and students will not be required to wear masks. If you would prefer your child to wear a mask, please share that with your child's teacher.

#### **Classroom Supplies/Schedules**

A complete change of clothes (shirt, pants, socks, underwear) in a SMALL LABELED shoebox will be provided by the parent to be kept at school in the child's cubby.

#### Snack

Each family will be given a designated snack day where they will send in a snack for the entire class. In the 3s and 4s classes, your designated snack day is considered your participation day or your child's "special day." Please make this day even more special by allowing your child to independently bring their snack into the building. For the time being, we will only serve snacks from our approved snack list (see website). Special snacks are reserved for birthdays and holidays. **Please DO NOT send in goody bags from home.** Your child's teacher will alert you if there is a food allergy in the class.

Parents of children with food allergies will receive a call from our floater so that they can approve the daily snack for their child.

# Hygiene/Cleaning/Disinfecting

Hand washing will continue to be a top priority at NNS. Students and staff shall practice frequent hand washing with soap and water for at least twenty seconds, scrubbing thoroughly, and drying with paper towels

- Upon arriving at school
- Before snacks
- After using the restroom
- Periodically throughout the day
- Any other times that require such hand hygiene.

Hand sanitizer will also be available for when hand washing is not possible. It should not replace hand washing, which is the most effective protection against germs and the spread of disease. The use of hand sanitizers by children will be done under the direct supervision of an adult.

One staff member will be a designated floater/cleaner. She will be solely responsible for cleaning and disinfecting each and every day. We will follow CDC guidelines for cleaning and disinfecting. As always, we will continue to use a bleach/water solution that follows the CDC recommendations:

- 5 tablespoons (1/3 cup) bleach per gallon of room temperature water or
- 4 teaspoons bleach per quart of room temperature water

Bleach solutions will be made fresh each day. High touch surfaces will be disinfected with this throughout the session. After each session, each classroom and bathroom will be cleaned and disinfected. All floors will be vacuumed, mopped and disinfected daily after each session.

## Illness/COVID-19 Health Policy

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19. Staff and students will be monitored throughout the day for signs of illness. Symptoms of COVID-19 potentially include the following:

- Fever of 100.0 degrees Fahrenheit or higher
- Cough
- · Shortness of breath/difficulty breathing
- Loss of taste or smell
- Congestion/runny nose
- Nausea/vomiting/diarrhea
- Muscle/body aches
- Fatigue
- Sore throat
- Headache

We will defer to the Department of Health for any and all guidance in respect to COVID-19 matters. Please consult your physician if you have any questions related to COVID-19.

Children or staff members exhibiting the symptoms above must be sent home immediately according to an established protocol and according to the best judgment and discretion of the Director or her designee.

If an individual has a Covid exposure with a close contact (ex, in-house family member), the CDC guidelines should be followed:

## https://www.cdc.gov/coronavirus/2019-ncov/your-health/if-you-were-exposed.html

As recommended by the CDC and the NYS Department of Health, students and staff who are exposed are no longer required to quarantine at home for 10 days.

# **Return to School after Illness**

If a person is not well, they should stay home. They may return to school once there is no fever, without the use of fever reducing medicines, they have felt well for 24 hours and are symptom free (no runny nose, cough, etc.). Please note that it takes -10 days for most viruses to run their course.

#### Please do your part and do not send your child to school when he/she is not well.

Considerations will be given to those persons with a doctor's medical diagnosis of seasonal allergies. The school will require a doctor's note for seasonal allergies.

If a person is diagnosed with COVID-19 by a healthcare provider based on a test or their symptoms or does not get a COVID-19 test but has had symptoms, they should not be at school and should stay at home.

#### Isolation

Individuals who test positive for COVID-19 must isolate for five days, where day 0 is the day of symptom onset or if asymptomatic, the test date. If asymptomatic at the end of five days or if symptoms are resolving (no fever for at least 24 hours without use of fever reducing medication and symptoms improving), isolation ends. The individual should wear a well-fitting mask while around others for an additional 5 days.

Individuals who are unable to wear a well-fitting mask for 5 days after a 5-day isolation should also follow standard (at least ten days) isolation guidance.

If your child has been diagnosed with another condition and has a healthcare provider written note stating so, they may return to school once there is no fever, without the use of fever reducing medicines, they have felt well for 24 hours **and** are **symptom free (no runny nose, cough, etc.)**. **Please do your part and do not send your child to school when he/she is not well. The school will require medical clearance for seasonal allergies.** 

If you have a note from a medical professional, **we need you to scan the note and email it to us prior to your child's return** (TurboScan is a useful app for this and other important documents).

If your child was absent due to family business or a household member who is sick or Covid positive, please notify us of that also.

In keeping with HIPAA law, the identity of a positive COVID-19 individual may not be revealed.

## **Remote/Distance Learning**

In the event that we close and move to distance learning, June tuition will be applied to four weeks of distance learning. It will then be determined if the school will reopen or remain closed.

### Communication

In order to keep everyone safe, we are asking that communication be handled through email or phone calls. Pick-up information and absences should be directed to the office AND the classroom teacher. School matters (tuition and emergencies) should be directed to the office. If you have questions or concerns regarding your child, please contact the classroom teacher by calling the school or emailing the teacher directly. If you have paperwork (notes, tuition checks, forms) that needs to go into the school, you may hand that to the greeter at the front door.

Consistent with prior years, a family information form, a medical form, a dental form (3s and 4s only) will need to be submitted on your child's orientation day.